



# MUSIC NOTES

Ottawa and Kanata Music Academy



May 2003

You too can give a recital performance without stage fright! See page 2!

Website: [www.ottawamusicacademy.com](http://www.ottawamusicacademy.com) & [www.kanatamusicacademy.com](http://www.kanatamusicacademy.com)

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**This Month:**

**Instrument Clearance!**

**Up to 50% off!**

**IMPORTANT!** If you want to take an RCM exam in August, the registration is due on June 3, 2003!

Would you like to be a part of the new Kanata Music Academy Chorus?

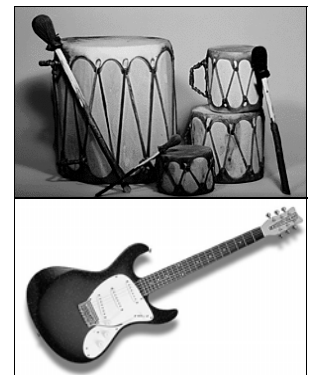
It will be taught by Marcel Tirian, next September, and is for children aged 6 and up. If any is interested in joining, either call the KMA or speak to someone at the front desk.

## MUSIC AND ITS INFLUENCE PART TWO: HOW MUSIC AFFECTS PEOPLE

Imagine living in a world that is much like our own, with one exception. Music does not exist. Everything is different in this world—there are no movies, no dance shows, or concerts. The inhabitants think that “rock” is synonymous with “stone”, and that “pop” is a nickname for their fathers. Work is tedious, and play is not fun. The people have unpleasant moods and dull lives. There is no imagination, and is, bluntly, completely uninteresting. It probably is the most boring place imaginable.

This idea of a world without music is strange, and hard to picture. But, it should show

that everyone is affected by music, in different ways. You may be learning an instrument, listening to the radio, or watching a movie, but you are taking in the effects of music to the mind. Using the powers of melodies, rhythms, and dynamics, music has the ability to evoke emotions and ideas in the listener. Tonal shading and the different keys of melodies are devices that can change a person’s mood—to make them feel happy, sad, calm, etc. Different types of music, each with their own style, can animate the imagination and bring a person somewhere they have never been before.



Part Three of *Music and its Influence* will be published on *Music Notes*, next month.

The articles are written by Jean Liu.

## HIGHLIGHTS

**STUDENT RECITAL:** Attention! The KMA and OMA student recital will be held on Sunday, June 15, 2003 at the Carleton University. Five recitals will take place that day at 9:00 a.m., 10:45 p.m., 12:30 p.m., 2:15 p.m., and 4:00 p.m.. Please sign up early, as time slots get taken quickly! If you believe you are receiving a medal at this recital, please find out from the front desk. In the meantime, start practicing! (Do you have stage fright? There is a

helpful article on the next page about conquering nervousness.)

**PRE-REGISTRATION:** If you plan to take a break in the summer and resume lessons next September with the same teacher, at the same time, you might wish to consider pre-registering for the next term. The form can be picked up from the front desk or downloaded from our website. (See the top of the newsletter for the addresses.) When reserving a time slot for next term,

you must prepay. Please fill in the questionnaire at the back of the form to give us your opinions for our further improvement. The pre-registrations will begin on May 20, 2003.

**SUMMER MUSIC CAMP:** The July 7-18 session for Musical Adventure is full at the Kanata Music Academy. There are still a few spaces for the August 4-15 session. If you would like to be part of the Beauty and the Beast or the Aladdin, you will need to sign up

# CONQUERING STAGE FRIGHT

## TIPS ON NERVOUSNESS

Feeling a bit nervous before a performance is quite normal, but sometimes stage fright can get out of hand. Nervousness is sometimes a sign of low confidence or self-consciousness, but often is just the fear of performing in front of others.

Before a performance, you probably feel very pressured. What you should know is that messing up will not be the end of the world as you know it. As long as you have practiced, things should be fine. Believe that you can give a great performance— have confidence in yourself.

However, it is really unnerving to see so many faces watching you in the audience. The key is to remember that nobody is placing pressure on you. The people in the audience just want to listen to your playing, not criticize you or anything like that. Even so, it's hard to keep calm in front of such a crowd. There are a few things that could help, but different things help different people. Some people tend to visualize that they're in an empty room, practicing by themselves. Other people just focus extremely hard on the music and then feel that their concentration alleviates the effect of nervousness.

Sometimes, nervousness is amplified if you're sick or by a lack of sleep and food. Remember to rest well before

the recital and eat a proper meal in order to keep up your energy level and reduce negative effects.

There are other things you can do on a regular basis to help you become a good performer. Practice your instrument often. The better at playing you become, the more confidence you will have, giving you no reason to feel nervous. As another article of nervousness states, "Confidence and progress must be a two-way effort, and if this cooperation is cultivated, much more satisfactory results will be achieved." Playing for friends or family is good practice for recitals because they can make you more comfortable about playing in front of a larger audience.

You should remember that your teacher is always willing to give you constructive advice and help you out with whatever problems that you may have in your music studies. If you have any questions at all, ask!

Most importantly, enjoy yourself when you are playing music. Don't treat it as a nuisance, but as a growing talent. If you work hard, you will overcome your nervousness.

### MENTIONABLE STUDENTS 🎵

**KIWANIS MUSIC FESTIVAL:** Congratulations to Andy Ng (Daisy Tang's student), who received third place in the solo piano advanced level. Rosalia Tan and Vincent Mok (both students of Dragos Calin), received the second and the third place respectively in the solo piano intermediate level.

Hilary Allaire, a vocal and piano student of Kari at the OMA, is a member of the Ottawa-Carleton Catholic School Board choir. This choir finished an amazing first place with a mark of 94%! Good job!

**TRINITY COLLEGE EXAMINATION:** The exam was held on Friday, May 9, 2003 at the Kanata Music Academy. The examiner from England, George Lee, held the exam. The students who took the exam and received merit are Glen Crompton Parkinson, for Grade 4 Electronic Organ (teacher: Jane Yu), Karina Kwong for Grade 8 Solo Piano (teacher: Daisy Tang), and Susie Sau for the Performer's Certificate Solo Piano (teacher: Dragos Calin). Congratulations!

### MUSICIANS OF THE MONTH

**KMA:** Samantha Raphael, Elise DeFrancesco, Huntha Lwin, Stephanie Laforest, Christopher Oliveira, Susie Sau, Rosalia Tan, Victoria Thompson, Hillary Veinot, Meghan Snider, Christine Balderson, Andrea Wong, Sophia Cho, Matthew Parent, Nick Dore, Seung yong-Park, Christine Achampong, Jean Liu, and Angela Du.

**OMA:** Laxman Pradhan, Nina Hadzi-mustafic, Hugo Larocque, Cameron Dagg, Andrew Hay, Maryse Carriere, Adam Wiaceck, Brittany Rockwell, Rachelle Belanger, Heather Swanson, Stephanie Boxhill, Nicole Belanger, Jessie Larabie, Alexis Dugas, Annie Duchesne, Harry Tam, Fatima Moazin, and Janick Shank.



#### Musical Terms Quiz

See if you can answer any of these multiple choice questions. Cut this section out and give it to someone at the front desk. If your answers are correct, you can receive a small prize.

1. grave: a) solemn; b) angry; c) black
2. dolce: a) smooth; b) sweet; c) slow
3. bewegt: a) loud; b) harsh; c) animated
4. sordino: a) softly; b) slowly; c) mute
5. quasi: a) almost; b) happy; c) quick