



MUSIC NOTES



Ottawa Music Academy & Kanata Music Academy October 2005

Websites : www.ottawamusicacademy.com & www.kanatamusicacademy.com

Halloween Costume Contest

Its that time of the year again! Children and adults get to dress up and be scary, funny, or pretty. Wear your Halloween costume to your next lesson and share your creativity with us! The one voted most creative by our staffs will win a prize. The winner of our costume contest last year from the Ottawa Music Academy was Melissa Gannon, who dressed up as a grape using balloons tied all over her. Carissa Ward from the Kanata Music Academy won and she dressed up as Donald Duck. So don't be afraid to express your creative (or original) side this Halloween!

From the staff, stay safe and have fun on Halloween and don't eat too much candy! (We do have a dentist next to the academy, just incase)



PRACTICE

Once the attention and powers of concentration begin to flag, possibly owing to fatigue or boredom, satisfactory work cannot be accomplished. A change of work will often rekindle the interest and enable the practice to continue.

In the case of fatigue, by changing a technical exercise so that a different set of muscles is involved, in the case of mental fatigue or boredom, a change of work such as sight reading or revision of a piece which has been learnt previously. Thus what has been call a "second mental wind" is gained and work can be continue with beneficial results.

A pupil may sometimes become discouraged, when after thorough and concentrated work, little improvement seems apparent. At a later session results often prove the value of previous study periods. Learning is not a continual process, and the rate of progress varies considerably with different people.

The improvement in standard, instead of being gradual, is often reached as it were by a leap. After a step forward has been made, the standard may remain stationary, on a "plateau of learning" as the psychologists say, then progress once more may occur.

Did you find the information useful ? Do you have other tips for successful practicing ? If so please let us know. You can write to us and drop your advice at the front desk, or email it to us at ottawamusicacademy@sympatico.ca or kanatamusicacademy@sympatico.ca

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Submissions are

Welcome!

Please contribute an article, photo, or any other form of music/academy related content to our monthly newsletter. In return, you will receive fame, recognition, and bragging rights. Submit by emailing us at: kanatamusicacademy@sympatico.ca

Holiday & Events

Oct	Mini Recitals
Oct 10	Thanksgiving holiday
Nov 1	RCM application deadline
Dec 10	Winter Recital

